**Organizational guidelines**

**fitness classes**

**in UNIZA fit-clubs**

**Students who are enrolled**

**for the subject TV - fitness training and require evaluation:**

- the lesson lasts min. 60 and max. 90 min.,

- arrival of the student at least 5 minutes before the start of the lesson,

* end of the exercise 15 minutes before the end of the lesson (to change clothes and clear the locker),

- total of 10 active participations of 60 min are required to meet the evaluation criteria. Of these, a minimum of 7 participations in a given enrolled class during the study part of the semester

- making up for missing entries is possible in other block classes or during the exam period.